

**ASTHMA & ALLERGY FOUNDATION OF AMERICA / NEW ENGLAND CHAPTER
AND Connecticut Asthma Region 7
Pomperaug, Chesprocott, Torrington, and Naugatuck Valley Health District's, Middlebury
and Waterbury Health Department's**

Invite you to a free training workshop:



ASTHMA & ALLERGY

ESSENTIALS

FOR CHILD CARE PROVIDERS[©]

This workshop is offered with the support of the Connecticut Department of Health

Date: Tuesday, May 27, 2008

Time: 6:15 p.m. to 8:30 p.m.

**Place: Southbury Public Library
100 Poverty Road
Southbury, CT 06488**

**Speaker: Patricia J. Sullivan, RN
Naugatuck Valley Health district**

Asthma and respiratory allergies are the most common chronic childhood diseases. This workshop will provide basic information about asthma (physiology, symptoms, and medications) and explain how to control asthma and allergy triggers in the child care setting. Allergies and severe reactions to foods, stinging insects and latex will also be discussed. You will learn how to use a checklist developed by the Asthma & Allergy Foundation of America to evaluate and improve environmental triggers of allergies and asthma symptoms.

FREE, but pre-registration required ♦ Certificate for 2 Training Hours

Please RSVP by May 15, 2008

Call Trish Sullivan at 203-881-3255 or email: psullivan@nvhd.org