Ten Essential Public Health Services and How They Can Include Addressing Social Determinants of Health Inequities

Public health departments and their partners need to consider how conditions in the places where people live, learn, work, and play affect a wide range of health risks and outcomes. These social determinants of health (SDOH), and actions to address the resulting health inequities, can be incorporated throughout all aspects of public health work. Through broader awareness of how the key public health practices can better incorporate consideration of SDOH, public health practitioners can transform and strengthen their capacity and impact to advance health equity.

10 Essential Public Health Services

Five Key Areas of SDOH (HP 2020)

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<tr>
<th>Roles of Public Health Agency (Based on 10 Essential Public Health Services)</th>
<th>Examples of How Essential Public Health Services Can Address SDOH Inequities</th>
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<tr>
<td>1. Monitor health status to identify and solve community health problems</td>
<td>Include <a href="#">SDOH measures</a> as basis for addressing community health problems and inequities&lt;br&gt;Ensure <a href="#">community health assessments</a> (CHA) include SDOH measures and engage communities and multi-sectoral partners in CHA efforts</td>
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<td>2. Diagnose and investigate health problems and health hazards in the community</td>
<td>Include community-level determinants of health in investigations, as well as <a href="#">policies and practices</a> that involve other sectors to support them. For example&lt;br&gt;• Ensure water sources meet required standards&lt;br&gt;• Ensure brownfield sites identify hazardous waste that might contaminate a community&lt;br&gt;• Address deteriorating housing conditions to prevent lead poisoning and other hazards to health</td>
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<td>3. Inform, educate, and empower people about health issues</td>
<td>Ensure <a href="#">outreach and education efforts</a> address social and structural determinants of health inequities&lt;br&gt;Ensure access to culturally and linguistically appropriate approaches to community health (e.g., <a href="#">REACH</a>) to help address SDOH. Approaches should take into account such challenges as <a href="#">structural racism</a> and <a href="#">stigma against</a></td>
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### Mobilize community partnerships and action to identify and solve health problems

Engage and collaborate with community members and **non-traditional partners** associated with SDOHs, such as:
- Housing authorities
- Law enforcement
- Schools
- Community organizations

### Develop policies and plans that support individual and community health efforts

Leverage evidence-based policies in **non-health sectors** that affect SDOH and health outcomes, such as:
- Safe and affordable housing that can reduce risk for asthma, lead poisoning, homelessness
- **Full-day kindergarten** that can reduce adverse health prospects such as teenage pregnancy

Develop and implement **state/community health improvement plans** that include and address the SDOH in collaboration with community partners

### Enforce laws and regulations that protect health and ensure safety

Develop strategies to ensure enforcement of existing regulations and laws that affect health, such as:
- Housing and health codes to prevent **childhood lead poisoning**.
- **Batterer intervention program laws** to prevent violence against women and children

### Link people to needed personal health services and ensure the provision of health care when otherwise unavailable

Educate community members about their eligibility for and access to entitlement programs:
- Medicaid, including its medical, mental health, and housing benefits
- TANF
- SNAP

Ensure that essential health benefits and the **free preventive services provisions of the Affordable Care Act** are correctly and equitably implemented

### Assure competent public and personal health care workforce

Support staff training and development efforts that **help workforce incorporate social determinants of health inequity** into their job responsibilities.

Promote hiring of workforce that reflects population being served

### Evaluate effectiveness, accessibility, and quality of personal and population-based health services

Ensure **evaluation and research** designs include interventions that address SDOH inequity:

Use **performance management and quality improvement methods** to explore and address more effectively the root causes of issues, which often include SDOH

### Research for new insights and innovative solutions to health problems

Expand **research agendas** to include SDOH and related health outcomes, especially in evaluation of natural experiments where a project is already addressing SDOH but is not studying health effects (e.g., implementation of the **Essentials for Childhood Framework**)

Use **community-based participatory research** designs

Apply evidence-based practices (e.g., **The Community Guide**) to address health inequity and demonstrate improved health outcomes

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Visit the CDC website to learn more about **social determinants of health**.