



Naugatuck Valley Health District
98 Bank Street Seymour, CT 06483
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PRESS RELEASE

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NAUGATUCK VALLEY HEALTH DISTRICT CELEBRATES NATIONAL PUBLIC HEALTH WEEK APRIL 4-10, 2022!

“During the first full week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week (NPHW) as a time to recognize the contributions of public health and highlight issues that are important to improving our nation’s health.” (APHA, 2019). This year’s theme, “Public Health is Where You Are”, highlights where we live can impact our communities’ health. Working together, we can build healthier communities and eventually, the healthiest nation. Join us this year as we celebrate the daily themes throughout the week.

The APHA has identified the following public health topics for this year’s National Public Health Week:

Monday, April 4, 2022	Racism: A Public Health Crisis
Tuesday, April 5, 2022	Public Health Workforce: Essential to Our Future
Wednesday, April 6, 2022	Community: Collaboration and Resilience
Thursday, April 7, 2022	World Health Day: Health is A Human Right
Friday, April 8, 2022	Accessibility: Closing the Health Equity Gap
Saturday, April 9, 2022	Climate Change: Taking Action for Equity
Sunday, April 10, 2022	Mental Wellness: Redefining the Meaning of Health

The pandemic has shined a spotlight on public health and local health departments/districts however, we recognize that many individuals may not know about broad range of programming, mandated services and enforcement that Naugatuck Valley Health District (NVHD) provides beyond pandemic response. In addition to the APHA themes, we will be utilizing this NPHW to highlight our staff and services in an effort to raise more local awareness of our public health services.

Naugatuck Valley Health District (NVHD) is a nationally accredited local health entity that serves the communities of Ansonia, Beacon Falls, Derby, Naugatuck, Seymour and Shelton. Formed in 1972, NVHD is proud to be celebrating its 50th anniversary of providing public health services this year! NVHD is committed to protecting the environmental and physical well-being for its communities through the promotion of health access, health education, regulation, com-munity engagement and partnerships! We have four main divisions: Environmental Health Services, Community Health Services, Public Health Emergency Preparedness & Response, and Administration. NVHD is governed by a Board of Directors, which is comprised of volunteer residents that are appointed by Chief Elected Officials and represent the NVHD member municipalities.

Ansonia ●

Beacon Falls ●

Derby



Naugatuck ●

Seymour ●

Shelton



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Join us in observing NPHW 2022 and become part of a growing movement to create the healthiest nation in one generation! We are excited to announce the following community events during NPHW 2022. All community members are invited!

Topics and Events – Expanded Schedule

Monday 4/4: Black Maternal Health Week & CDC's Hear Her Campaign

We will be highlighting topics from Black Maternal Health Week that will be taking place April 11-17th. We also will be sharing the CDC's Hear Her Campaign which supports CDC's efforts to prevent pregnancy-related deaths by sharing potentially life-saving messages about urgent warning signs.

Tuesday 4/5: Learn about NVHD's Staff & Their Dedication to Public Health

Meet our team! Be on the lookout for posts from our NVHD staff on why Public Health is important to us and the community we serve.

Wednesday 4/6: Donate to Help Valley Organizations

Help us help our community! NVHD will have donation boxes throughout the months of April, May, & June for identified Valley organizations. During the month of April, we will be collecting donation items for Spooner House (www.actspooner.org). A list of donation box locations and preferred donation items will be shared on our social media pages and website. Inquiries regarding the donation initiative should be directed to Amanda Michaud, Public Health Emergency Preparedness & MRC Coordinator at (203) 881-3255 ext. 117 or email amichaud@nvhd.org.

Thursday 4/7: Health Screenings & Programs

NVHD will be visiting Spooner House (30 Todd Rd, Shelton, CT 06484) to host FREE blood pressure screenings and advertising future health programs that will be offered by NVHD.

Friday 4/8: Homebound Spotlight, Test Kit Distribution, & Vaccine Clinic

NVHD will spotlight our Public Health Nurse, Kristie D'Averso, RN and her generous efforts with NVHD's Homebound Vaccine Program. If you are looking for free COVID-19 home test-kits, look no further! We will be distributing home kits throughout the community. In addition, we will be offering a COVID-19 vaccine clinic from 2-4 pm at our office, located at 98 Bank Street in Seymour, Connecticut. We have both Pfizer (12+) and Moderna (18+) available for first, second, and booster doses. No pediatric doses will be available. ID, insurance card, and vaccine card will be asked for upon check-in. No insurance? No problem. Let our registration staff know. Are you looking for an appointment or have any questions? Please contact Gabrielle Diaz, Public Health Educator, at (203) 881-3255 ext. 108 or email gdiaz@nvhd.org.



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Saturday 4/9: Climate Change Nature Walk & Talk Event

NVHD and the Kellogg Environmental Center invite you and your family to a presentation on climate change and guided nature walk beginning at the Kellogg Environmental Center (500 Hawthorne Ave., Derby, CT 06418). This event will run 10 am-1 pm. The presentation will teach how climate change can affect our health, shoreline, and activities here in Connecticut. The 1-hour guided nature walk will follow the presentation. We invite you to explore the other trails and gardens after the walk while visiting tables with information on future programs, trainings, giveaways, and more! Tabling provided by NVHD and other community organizations. Learn about ticks and mosquito prevention and more! Registration is not required but is preferred on our Eventbrite: <https://www.eventbrite.com/e/climate-change-nature-walk-tickets-299129553547>.

Questions about this event can be directed to Gabrielle Diaz, Public Health Educator, at (203) 881-3255 ext. 108 or email gdiaz@nvhd.org.

(Ongoing) Naugatuck Valley Medical Reserve Corps

A great way to give back to the community and to increase your own knowledge and skills is by volunteering. The Naugatuck Valley Medical Reserve Corps (NVMRC) is a volunteer program of the Naugatuck Valley Health District and is part of a national affiliation. Don't let the word "medical" in the name fool you; NVMRC is currently recruiting volunteers who are 18 years and older with **both non-medical and medical backgrounds!**

Join the NVMRC today to begin strengthening your emergency preparedness and response capability or join one of our special projects to help support public health activities in the Valley! For more information or to apply, please visit <https://ctresponds.ct.gov/> or contact Amanda Michaud, Public Health Emergency Preparedness & MRC Coordinator at (203) 881-3255 ext. 117 or email amichaud@nvhd.org.

We hope to see you at one of our NPHW 2022 events!

Please monitor our website (<http://www.nvhd.org/NPHW22>) and be sure to "like" and "follow" our social media pages ([Facebook](#), [Twitter](#) and [Instagram](#)) for event and topic information, health-related tips, facts and any inclement weather updates.

END