

NVHD
98 Bank Street
Seymour, CT 06483
Phone: (203) 881-3255
www.nvhd.org



SPOTLIGHT

National Immunization
Awareness Month (1)

Valley Community Index-
We Want Your Input! (2)

Back to School
Vaccines (2)

August Donation Drive (2)

NVHD's Coffee & Tea
Social for Medical First
Responders (2)

COVID-19 Vaccine
Clinic Schedule (2)

Follow us on social media!



@naugatuckvalleyHD



@naugvalleyHD
#naugvalleyHD



Naugatuck Valley Health District



Proudly Serving: Ansonia, Beacon Falls, Derby, Naugatuck, Seymour and Shelton

AUGUST 2022 NEWSLETTER

IMMUNIZATIONS, IMMUNIZATIONS, IMMUNIZATIONS!

August is National Immunization Awareness Month, better known as NIAM. NIAM celebrates immunizations and their importance in helping to keep people of all ages healthy. This can be achieved by receiving vaccines like Hepatitis B and Varicella (chickenpox) if you are an infant/baby, Meningococcal and HPV vaccines during the preteen years, Tdap vaccine if you are pregnant, and Pneumococcal and Shingles vaccines if you are a senior. If you are age 6 months and up, do not forget to stay up-to-date with your Flu and COVID-19 vaccines!



There is a lot of information available about vaccines. Always remember to go to credible resources if you have questions. The first person you should ask about vaccines is a physician (i.e., your child's doctor or an adult's primary care physician). If you choose to go online looking for information, www.immunize.org is an excellent resource as well as the CDC at <https://www.cdc.gov/vaccines/index.html>.

Throughout the month of August, the Naugatuck Valley Health District will be posting vaccine information on our social media pages to stress the importance of vaccines for all ages. Do not hesitate to use #ivax2protect to show your support for vaccines on your own social media pages!



Our social media platforms will continue to list scheduled clinics for COVID-19 vaccines, as well as information regarding back to school and other routine vaccinations. Please remember that vaccines play an important role in preventing serious and sometimes deadly diseases. Vaccines are a wonderful resource that you can use to keep yourself and your family safe from vaccine preventable diseases. Keep yourself and those around you safe, please get them!

VALLEY COMMUNITY INDEX— WE WANT YOUR INPUT!

NVHD is currently working with Griffin Hospital and other Valley partner organizations on the development of our new version of the community health assessment, The Valley Community Index (Index). Updated every three years, Index looks at critical elements in the well-being of Valley residents. Community residents give input through a well-being survey and through a number of “community listening sessions” conducted in partnership with Valley partner organizations. The Index will be released in a meeting – open to the public – on November 15. The Index then serves as the basis for a new Naugatuck Valley Community Health Improvement Plan (CHIP) which helps guide collaborative efforts to address key health issues in our communities. If you are interested in participating in the launch of the Index or CHIP, please email jlane@nvhd.org.

BACK TO SCHOOL IMMUNIZATIONS!

It's never too soon to start preparing for the new school year! If your child and/or children need any immunizations for the upcoming school year, please call Nurse Kristie at (203) 881-3255 ext. 107 to make an appointment or ask any questions.

Cost: FREE for children on HUSKY (up to 18 years old) OR \$20 for the first vaccine, \$10 for each additional vaccine.

Vaccines Available: HIB, MMR, MMRV, Varicella, Meningococcal, Pneumococcal, Tdap, Dtap, Polio, Hepatitis A & B

Appointments are REQUIRED.

This Month's COVID-19

Vaccine Schedule

Thursday 8/4 1:30-3:30 PM

@ NVHD

Pfizer (5-11 & 12+), Moderna (18+)

Thursday 8/11 1:30-3:30 PM

@ NVHD

Pfizer (5-11 & 12+), Moderna (18+)

Thursday 8/18 1:30-3:30 PM

@ NVHD

Pfizer (5-11 & 12+), Moderna (18+)

Primary series and booster doses (1st and 2nd) available for all age groups depending on eligibility.

Please call (203) 881-3255 ext. 108 for an appointment.

Appointments are REQUIRED for 5-11 year olds.

Naugatuck Valley Health District is holding a **BACK TO SCHOOL Supply Drive**. Donations will benefit the 'Back to School Rally' on August 21st hosted by Valley Save Our Youth!

Collection Dates: 8/1/22 until 8/19/22

valley save VSOY our youth!

DROP OFF LOCATIONS:

- Naugatuck Valley Health District - 98 Bank Street, Seymour, CT
 - Mon - Thu: 8AM - 4PM, Fri: 8AM - 1PM
- Town of Seymour - 1 First Street, Seymour, CT
 - Mon - Thu: 8AM - 12PM, 1PM - 4:30PM, Fri: 8AM - 12PM
- Outback Steakhouse- 698 Bridgeport Avenue, Shelton, CT
 - Mon-Thu: 11AM - 10PM, Fri - Sat: 11AM - 10:30PM, Sun: 11AM - 9PM
- Derby Senior Center - 293 Main Street, Derby, CT
 - Mon - Fri: 8:30AM - 4:30PM
- Derby Public Library - 313 Elizabeth Street, Derby, CT
 - Mon - Wed: 9AM-8PM, Th: 9AM-6PM
 - Fri: 9AM-5PM, Sat: 9AM-2PM
- TEAM, INC. - 30 Elizabeth Street, Derby, CT
 - Mon - Fri: 8:30AM - 4:30PM

QUESTIONS?
Contact: Amanda, 203-881-3255 ext. 117 or arnichaud@nvhd.org

AUGUST DONATION DRIVE

During the month of August, NVHD is collecting school supplies for Valley Save Our Youth as part of our Community Give Back Program! From August 1st – 19th, we will be collecting backpacks and school supplies for Valley Save Our Youth's 10th Annual Back-to-School Rally. Supplies include backpacks, crayons, pencils, pens, highlighters, markers, dry erase markers, loose leaf paper, erasers, scissors, glue sticks, notebooks, folders, binders, sticky notes, and rulers.

Together, we are making a tangible difference to families in our community! Please visit www.NVHD.org/nvhdgivesback or call (203) 881-3255 ext. 117 for more details!

NVHD'S TEA & COFFEE SOCIAL FOR MEDICAL FIRST RESPONDERS

Calling all Medical First Responders! We would like to invite you for an evening of meaningful, guided conversation on your experience working through the COVID-19 pandemic. We want to know how the pandemic impacted your physical and mental health and what NVHD can do you help: what services would you like us to provide? How can we address yours (and others) mental health concerns of the first responder community? Your voice is important to us and we hope you'll lend it.

This event will take place at the Naugatuck Valley Health District on Tuesday, September 13th at 5:30 pm here at the Naugatuck Valley Health District (98 Bank Street, Seymour, CT 06483). Please RSVP using the QR code on the invitation or copy this link into your browser: https://forms.office.com/Pages/ResponsePage.aspx?id=RYPDzRkGxka6UbzTC4X52yK6YJDm9LoR_dYRKda9xUQ00IWFVFNjRYRQJVOEtQTTQzOUtDUzBJRC4u. For more information or any questions, please contact Paulina at (203) 881-3255 ext. 118.

NVHD invites you...
to an evening of coffee, tea, and venting!

Eat, drink, and join a group of your medical first responder peers in sharing your experience of working through the last two years of the Covid-19 pandemic.

Naugatuck Valley Health District is partnering with Michael Federici, LMSW to create a safe, supportive environment for medical and public health workers to process how the pandemic has affected their physical and mental health.

 