



**Public Health**  
Prevent. Promote. Protect.  
**Naugatuck Valley**  
**Health District**

**NAUGATUCK VALLEY HEALTH DISTRICT**

**98 Bank Street, Seymour, CT**

**HYBRID BOARD OF DIRECTORS MEETING**

**Tuesday, January 13, 2026**

**REVISED MINUTES**

**Revisions in red font were Accepted at the February 10, 2026 Meeting.**

**BOARD MEMBERS PRESENT:** John Zikaras, Chairman, Rosalie Averill, Adam Bronko, Tom Clifford, Barbara Dlugos, Jean Jones, Barbara Lombardi, Linda Mascolo, Rita Pelaggi, Justin Rompre, and Marietta Sabetta.

**BOARD MEMBERS ABSENT:** Thomas Carney

**STAFF PRESENT:** Jessica Kristy, Director of Health, Melanie Dokla, Assistant Director of Environmental Health Services, and Carissa Caserta, Assistant Director of Community Health Services, **and Laurie Veillette, Business Manager**

**RECORDING SECRETARY:** Carissa Caserta

**I. Call to Order and Pledge of Allegiance**

John Zikaras, Chairman, called the meeting to order at 7:03 p.m. The Pledge of Allegiance was recited.

**II. Acceptance of Minutes of the Board Meeting on November 18, 2025.**

**2026-27** **ACTION TAKEN:** Motion made by Tom Clifford, accept the Minutes of the Board of Directors meeting on November 18, 2025, seconded by Rosalie Averill with corrections. All Ayes. Tom Clifford abstains.

**2026-28** **ACTION TAKEN:** Motion made by Tom Clifford, accept the Minutes of the Board of Directors meeting on December 16, 2025, seconded by Linda Mascolo with corrections. All Ayes. Tom Clifford and Rita Pelaggi abstain.

**III. Correspondence**

Jan Miszeski, Naugatuck has resigned from the Board of Directors.  
A new Board Member for Shelton is expected to be sworn in soon.

**IV. Financial Report – Jessica Kristy, Director of Health**  
Jess discussed the Financial Report for the months of November and December.

**V. Chairman’s Report - John Zikaras, Chairman**  
None at this time.

**VI. Director’s Public Health Report – Jess Kristy**  
The November and December Public Health Report was reviewed and discussed.

**VII. Committee Reports**

**a. Budget Committee**

i. The FY 2026-2027 Budget Workshop is scheduled to be held Tuesday, February 3, 2026 at 5:30pm.

**b. Facilities Committee**

**2026-29 ACTION TAKEN:** A motion made by Rosalie Averill, seconded by Marietta Sabetta, to table the discussion regarding clarifications by ID3A from December 16, 2025, Special Meeting so that the Facilities Committee has more time to review the document.

Ayes: Rosalie Averill, Rita Pelaggi, Linda Mascolo, Marietta Sabetta, Tom Clifford, and John Zikaras.

Nays: Adam Bronko, Jean Jones, Barbara Lombardi, and Justin Rompre.

Abstain: Barb Dlugos.

Motion passed.

**2026-30 ACTION TAKEN:** A motion made by Linda Mascolo, seconded by Marietta Sabetta, to clarify that a Special Meeting of the full Board of Directors will be held on January 20, 2025, at 7pm to review and make action. All Ayes.

**VIII. Old Business**

None at this time.

**IX. New Business**

**a.** Jess reviewed possible new ordinances for the Borough of Naugatuck regarding massage parlors and vape stores. No action was taken.

**X. Adjournment**

**2026-31 ACTION TAKEN:** Motion to adjourn made by Tom Clifford at 8:10 p.m., seconded by Adam Bronko. All Ayes.

Minutes respectfully prepared by Carissa Caserta and submitted by Jessica Kristy, Director of Health.  
Subject to revisions at the next full Board of Director Meeting.

