



Miscellaneous

CT Association of Directors of Health (CADH)

Positions held: Elected Board of Directors; Emergency Preparedness Committee Chair; Environmental Health Committee, Advocacy Committee

May 6: Special meeting of CADH on May 6th focused on the Workforce Development Grant so that Directors could share best practices and how we are utilizing this valuable grant across the state.

May 7: Environmental Health Committee Meeting

May 19: CADH Board of Directors meeting

We finished our weekly CADH Advocacy Committee meetings on Thursdays now that the legislative session is concluded.

Statewide DPH & Local Health Meetings

I attended the DPH Commissioner's Directors of Health Spring 2026 Meeting on May 13th in Wallingford. The agenda included remarks by Deputy Commissioner Lisa Morrissey and Commissioner Manisha Juthani, updates from the Office of Local Health Administration, a Strategic Planning Workshop by Growth Partners, LLC, and meet and greet with DPH Branch Chiefs.

I continue to attend the monthly meeting held for local health and DPH staff (co-hosted by CADH). NVHD staff also attend if their schedule permits. The May meeting was canceled due to the in-person Director of Health meeting.

Proposed Naugatuck Ordinance: Regulating Electronic Vaping Products

Similar to the Massage Parlor Ordinance that was passed in the Borough, I am currently reviewing draft ordinance language regarding licensing, enforcement, and legal authority regarding regulating the sale of electronic smoking devices and vaping products within the Borough of Naugatuck.

Workforce Development

Lisa continues to chair the NVHD Workforce Development Committee. Staff continued to work on completing the required two online training courses per person per quarter. Staff are also working on completing the bi-annual Competency Assessment that will help inform our next fiscal year training plan.

On May 14th, NVHD welcomed Taylor Gainey and Kara Sepulveda-Fonseca of BHcare's Alliance for Prevention and Wellness to provide CALM Conversations Training. Counseling on Access to Lethal Means (CALM) is a powerful addition to existing strategies to reduce the risk of suicide death in at-risk people while respecting their rights and autonomy. CALM Conversations focuses prevention on reducing access to lethal means of suicide, especially firearms, through discussions on proper storage and limiting access within the home. This training greatly compliments the QPR and Mental Health First Aid training programs.



Public Health Training Academy of CT (PHTAC)

I attended the PHTAC Committee meeting on May 27th.





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Cornell University PHLE

I continue to participate in the 15-week CDC-funded Cornell University Public Health Leadership Essentials (PHLE) Certificate Program. The courses includes public health leadership, building and leading collaborative teams, cultivating strategic leadership skills, systems thinking for community focused change, and affecting policy change.

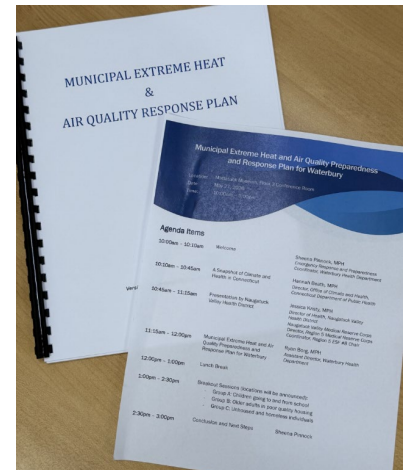
Air Quality and Climate Change

Grant: EPA Air Quality Monitoring Grant

Status: Contract is fully executed! We are currently working on a budget amendment to receive an additional \$178,559.68.

We continue to meet biweekly with our DPH, Yale, and UConn partners. UConn students and faculty are currently working on mapping the proposed host sites with social vulnerability index information and will provide our team an update on any gap areas within the 4 communities or the “green light” to enter formal agreements with the sites and coordinate installation.

On May 27th, Hannah Beath of the CT DPH Office of Climate and Health and I co-presented on air quality, climate change, and our project to roughly 25 stakeholders at the Mattatuck Museum in Waterbury. The Waterbury Health Department is embarking on work related to air quality, extreme heat, and climate change. We will continue to collaborate as appropriate and where possible.



Naugatuck Valley Overdose Prevention & Education (NOPE) Program

Grant: Overdose Data to Action: Limiting Overdose through Collaborative Actions in Localities (OD2A)

Status: Year 3 Sub-contract Executed with New Haven Health Department

The OD2A Monthly Partners Meeting was held on May 7th.

Our team marked Mental Health Awareness Month with a dedicated social media campaign addressing mental health literacy, community resources, and the intersection of mental health and substance use. Content was shared across platforms throughout May with the goal of reaching community members who may not otherwise engage with these topics directly. In addition to expanded outreach efforts, Austin provided naloxone training at Spooner House to 12 staff members.

Austin attended multiple training courses this month. He attended a statewide suicide prevention conference that brought together clinicians, advocates, and people with lived experience for a day of panel discussions and skills-focused breakout sessions. He also completed CALM Conversations Training, previously mentioned. Rounding out the month, he took part in a two-day NAMI CONNECT Suicide Postvention Training on May 18th and 19th at the Ansonia Senior Center, a collaborative effort between BHcare's Alliance for Prevention & Wellness and the Western CT Coalition serving Naugatuck Valley organizations.

Austin also became an instructor for L.E.T.S Save Lives, a suicide prevention program hosted by American Foundation for Suicide Prevention (AFSP) Connecticut chapter.





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Austin also completed a de-escalation training through a joint offering by East Shore District Department of Health and BHcare, adding to his toolkit for managing crisis and high-stress situations in the field.

Street outreach and tabling continued across the region, with a deliberate shift toward Derby following elevated service demand there in April. Austin increased the frequency of his presence in that community to strengthen access points for harm reduction, mental health support, and social services.

We continue to include a standing feature section of NVHD's newsletter which is distributed to hundreds of residents as well as businesses, libraries, senior centers, town halls, and more.

Fatal Overdose Data Update

- There were 0 suspected fatal overdoses reported by CT OCME in ODMAP in May.
- There remains only 1 reported fatal overdose in 2026 in Beacon Falls on the State Unintentional Drug Overdose Reporting System (SUDORS) Dashboard maintained by the CT DPH Office of Injury & Violence Surveillance, however there are no reported suspected fatal or non-fatal overdoses in Beacon Falls in ODMAP.
 - The SUDORS data was last updated 3/6/36 so we cannot yet compare the May ODMAP suspected fatal overdose with the SUDORS dashboard.

Non-Fatal Suspected Overdoses

- There were 7 non-fatal suspected overdoses reported by CT OEMS in ODMAP in May (Ansonia – 1, Derby – 1, Naugatuck – 2, Shelton – 3)
- There was a decrease in reported suspected overdoses (24) and suspected overdoses involving opioids (7) reported in May compared to April. In April, there were 35 suspected overdoses and 8 with the OD involving opioids classifier reported. Some of the suspected overdoses without the opioids classifier reported Narcan administration, suggesting there may have been opioids involved.
- There were 4 reported suspected overdoses among individuals under 18 in May.

Public Health Emergency Preparedness (PHEP)

Emilija, Ali, and I continue planning for the June 26th Point of Dispensing (POD) exercise.

On May 5th, Emilija attended the Evacuation Summit hosted by the Connecticut Health Care Coalition (CT HCC) at the Hartford HealthCare Safety and Simulation Center in Farmington. Participants learned their role during an evacuation, better understood best practices in evacuation planning, and received hands-on practice with real evacuation equipment (photos below).





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At the request of the CT DPH Office of Public Health Preparedness and Response Interim Branch Chief, Mike Mozzer, I hosted representatives from the Kent County Health Department in Michigan on May 21st. I had Emilija and Ali also participate so that we could provide a variety of insight and experience related to NVHD’s Public Health Emergency Preparedness (PHEP) practices and procedures, as well as insight into Connecticut’s public health systems and response structure.

On May 26th, Emilija served as a guest speaker for the Allied Health Pathway Program at Ansonia High School. The session included approximately 25 students from grades 9–12. As an Ansonia High School alumna, Emilija shared her personal journey into healthcare and public health, highlighting her educational background, professional experiences, and the role of NVHD in serving the community. She also provided students with insight into careers in public health, as well as current public health initiatives and services. Public Health, PHEP, and NVHD informational materials were distributed to students to further support learning and awareness. The presentation served as a valuable opportunity to strengthen relationships with local students, promote awareness of public health careers, and support potential future workforce development and pipeline opportunities with NVHD.

ANSONIA HIGH SCHOOL

Thank You!

Ansonia High School extends its thanks to alumna Ms. Emilija Griceviciute for returning to AHS to speak with Dr. Cruz’s Allied Health class. As a Public Health Emergency Preparedness Coordinator and Medical Reserve Corps Coordinator with the Naugatuck Valley Health District, Ms. Griceviciute shared valuable insights into careers in public health, population health initiatives, disease prevention, and the importance of being open to new career opportunities. Students were engaged throughout the presentation and inspired by hearing firsthand about her educational and professional journey. AHS is proud to celebrate the accomplishments of its alumni and appreciates Ms. Griceviciute’s willingness to return and share her experiences with the next generation of health professionals.



**MS. EMILIJ GRICEVICIUTE
PUBLIC HEALTH EMERGENCY PREPAREDNESS
NAUGATUCK VALLEY HEALTH DISTRICT**

ESF 8: Public Health & Medical Services

Positions held: Chair of Region 5; Member of Region 2

I facilitated the Region 5 ESF 8 meeting on May 1st and Emilija attended. I drafted a letter of support on behalf of ESF 8, co-signed by me and my co-chair, for an application by Naugatuck Valley Council of Governments (NVCOG) to the U.S. Department of Transportation (USDOT) Safe Streets and Roads for All (SS4A) program to support the Prehospital Urgent Stroke Life Support (PULSE) initiative, which received support from ESF-8 members.

I attended the Region 5 Regional Emergency Planning Team (REPT) meeting on May 11th and the Region 2 REPT-SC meeting on May 15th.

Emilija attended the Region 2 ESF 8 meeting on May 20th.

CT Health Care Coalition

Positions held: Executive Board Member; Voting Member

I attended the Executive Committee meeting on May 22nd to discuss coalition business and fiscal year spend down.

Statewide Training and Exercises Workgroup (STEW)

STEW reconvenes on June 10th.





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Medical Reserve Corps

On May 11th, Emilija attended the virtual Region 2 MRC Unit Coordinators monthly meeting. On May 12th, she attended the MRC National MRC Office Hours meeting.

On May 11th, Emilija attended a Stop the Bleed training on behalf of the NVMRC, sponsored by the Capitol Region Medical Reserve Corps. The course focused on recognizing life-threatening bleeding and learning how to respond quickly and effectively to control it. Stop the Bleed training teaches three basic actions to help stop severe bleeding during everyday emergencies and natural or man-made disasters.



On May 27th, Emilija and Ali participated in the Capitol Region MRC Leadership Workshop, the second phase of a statewide Medical Reserve Corps (MRC) project funded by the Connecticut Healthcare Coalition (CT HCC). The project focuses on conducting a statewide MRC assessment and strengthening coordination, training, and overall MRC capabilities across Connecticut. The first phase of the project and its activities were completed in April. The workshop brought together MRC unit coordinators from across the state to review assessment findings and discuss recruitment, retention, funding, and the development of standardized training and mission sets. The session also provided a valuable opportunity to connect with other MRC unit coordinators and learn about activities across different units.

NACCHO Preparedness Policy Advisory Group (PPAG)

Position held: Connecticut Representative

I attended the PPAG meeting on May 20th.

CDC ALL STLT Update Call

I have been attending the weekly (Mondays) CDC Division of State and Local Readiness All-STLT Update Call to hear from subject matter experts who provide updates on CDC's emergency response-related activities. The meetings also include a Q&A portion with engagement from local and state health departments from around the country. The focus of the one-hour calls have primarily focused on: 2026 Hantavirus Update; 2026 Ebola Update; 2025 Measles Response Update; 2026 FIFA World Cup Update; and Travel-related Monkeypox Clade 1b Cases in the United States.

CT DPH Infectious Diseases for Directors of Health

DPH has convened a meeting for Directors of Health related to highly infectious diseases with a focus on Ebola. The purpose of this recurring meeting is to provide an overview of the current outbreak situation and review of the approach to traveler monitoring including protocols and tools for local health departments.

FIFA World Cup

In addition to updates provided during the PPAG meeting, I was asked to participate in several working groups focused on planning for the upcoming tournament. Emilija and I attended a national local health and emergency management webinar *Inside World Cup Readiness* on May 20th hosted by Ethan Downing and Preston Solutions & Support.





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NACCHO 2026 FIFA World Cup Community of Practice (CoP)

The CoP supports Local Health Departments (LHDs), states (SACCHOs), host cities, neighboring regions, Team Base Camp (TBC) locations, and key partners in planning for and strengthening public health preparedness and response activities related to the 2026 FIFA World Cup. Our meetings have moved to electronic situational awareness updates until June.

Connecticut FIFA 2026 ESF-8 Workgroup

I attended and provided updates at the May 12th meeting including the weekly FIFA Intelligence Roundup reports (geopolitical updates, fan behavior at international matches, tournament infrastructure updates), diseases of concern by country/travel history to prepare for, overdose spike responses, and other emergency planning considerations.

Miscellaneous PHEP Training

May 6: On May 6: Emilija, Lisa, Austin, Kristie, and Carissa attended *Sextortion: Real-World Dynamics and Suicide Risk Considerations*, presented by Alison Sullivan and hosted by Southeastern Regional Action Council (SERAC).

May 6: Emilija attended the webinar *Communicating Across Differences in Community Collaboration*, hosted by the Rocky Mountain Public Health Training Center.

May 7: Emilija, Austin, and Lisa attended the Connecticut Suicide Prevention Conference in Hartford, hosted by the Connecticut Suicide Advisory Board.

May 8: Emilija attended the QPR training hosted by Lisa in recognition of Metal Health Awareness Month.

May 13: Emilija attended the webinar *Easing the Burden of Exercises*, hosted by All Clear Emergency Management Group.

May 13: Emilija attended the *webinar Pediatric Decon: Why Kids Are Different and Why It Changes Everything*, presented by Paul Shaw of First Line Technology. The session focused on pediatric decontamination and transport in CBRN and emergency response settings, highlighting adaptations needed to address the unique needs of pediatric patients.

May 18-19: Emilija attended the CONNECT Postvention Training in Ansonia, hosted by the Alliance for Prevention and Wellness and the Western Connecticut Coalition.





COMMUNITY HEALTH SERVICES
Carissa Caserta, MPH
May 2026

Valley Council for Health & Human Services (VCHHS)

Kristie and Austin attended the monthly Valley Council meeting on May 5th. The topics on the agenda included Nea Haven Legal Assistant Association, 2026 Food Insecurity Community Survey and Eversource Community Initiatives.

Community Health Improvement Plan (CHIP)

Me, Jess, and Lisa are members of the CHIP Steering Committee along with Myra O. (Griffin Health Services) and Beth C. (Yale-Griffin Prevention Research Center). The priority areas of the 2025-2028 Naugatuck Valley Community Health Improvement Plan (CHIP) have been refined to: Access to Care and other Social Needs (Co-Chaired by Myra and Aneta Guliuzza of Griffin); Enhance Mental and Behavioral Health (Co-Chaired by NVHD’s Lisa and Austin); and Improve Awareness, Access to, and Uptake of Healthy Food & Nutrition Programming/Services (Co-Chaired by Jess, Beth and myself).



Mental and Behavioral Health

The Mental and Behavioral Health Committee met on May 13th had a discussion regarding CLEAR Deflection presented by Lauren Pristo and Michele Flowers.

NVHD, BHcare’s Alliance for Prevention and Wellness, and the Western Connecticut Coalition partnered to offer the NAMI CONNECT suicide postvention training on May 18th and 19th. This training helps communities to understand the nuances of response in the aftermath of a suicide or untimely death and encourages the creation of a community wide postvention plan. 14 participants from a variety of towns and organizations attended this vital training.

Access to Care and other Social Needs

The Access to Care committee is working on addressing the upcoming changes to Medicaid eligibility requirements that will affect some HUSKY D recipients beginning in January 2027. Based on current estimates, more than 6,400 residents across our seven Valley communities could potentially be impacted by these changes.

Food and Nutrition

Jess completed the creation of the web version of the Valley Food Resource Guide which is now live and accessible at bit.ly/ValleyFoodResourceMap. Jess continues to work on building out the CHIP Food and Nutrition website that will be launched in June. We were awarded the VCF mini grant for the Valley Community Gardens education series. We look forward to continuing to advance our work around food access and nutrition education through our CHIP work and the establishment of the Valley Food Coalition. The first Coalition planning meeting will take place on June 17th. Griffin continues to host Teaching Kitchen Education Series at the Center for Healthy Living which are live broadcast and available to playback at: <https://bit.ly/GriffinTeachingKitchen>.





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Community Health Programs

LiveWell with Chronic Disease Self-Management Program (CDSMP)

Kristie and Austin will be starting a CDSMP program in July at the Derby Senior Center.

Surviving and Thriving with Cancer

We will be hosting two of these sessions for the first time in the Summer/Fall with one starting at the Shelton Senior Center and the other at Hutt Housing in Naugatuck. We are looking forward to them!

A Matter of Balance (MOB)

Two 8-week Matter of Balance programs are still ongoing until the week of June 8th with one at the Shelton Senior Center (Carissa and Lisa) and one at the Seymour Community Center (Kristie and Vanessa).

Mental and Behavioral Health Programs

Mental Health First Aid (MHFA)

Lisa completed the three-day training to be a Youth Mental Health First Aid instructor on Wednesday May 27 – Friday 29, 2026. This program is designed to for adult learners to understand and support mental illness in youth. NVHD can now add this program to the slate of mental health program offerings the district can provide.

Suicide Prevention and Postvention

NVHD partnered with BHCare’s Alliance for Prevention & Wellness and the Western CT Coalition, our regional behavioral health action organizations (RBHAOs), to offer CONNECT Suicide Postvention Training designed specifically for local community leaders across the Naugatuck Valley region on May 18th and 19th in Ansonia. The CONNECT model is a nationally recognized, evidence-informed program that emphasizes building relationships, enhancing communication, and fostering resilience across systems of care. This training helps communities to understand the nuances of response in the aftermath of a suicide or untimely death and encourages the creation of a community wide postvention plan. 14 participants from a variety of towns and organizations attended this vital training.

Regional Suicide Advisory Boards (RSAB) (2 & 5)

Lisa and Austin attended the R2SAB meeting on April 7th in-person in Meriden and it was focused on May Mental Health Awareness Month campaigns. The Region 5 quarterly Suicide Advisory Board meeting will be held in May.

Lisa, Austin and Emilja attended the Connecticut Suicide Prevention Conference on May 7, 2026, in Hartford. The theme of this year's conference hosted by the Connecticut Suicide Advisory Board was "Inspiring Hope: Coming Together for Suicide Prevention" and featured a number of uplifting and moving speakers.





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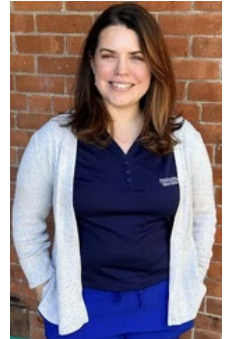
Immunization Grants & Clinical Services

National Nurses Week was May 6 - May 12, 2026. Public health nursing combines clinical expertise with compassion, education, prevention, and community outreach to improve and protect population health. We are grateful for NVHD’s Public Health Nurse – Kristie D’Averso, RN!

Clinical Services

Kristie provided vaccinations to 3 children and 1 adult with a total of 7 vaccines administered for the month of May.

Kristie attended the Annual CT Public Health Nurse Association Conference on May 12th.



Immunization Action Plan (IAP) Grant Program

Elizabeth held 3 in-person site visits at various pediatric offices and school-based health centers for her grant deliverables. She hosted 4 IQIP visits which assists with helping pediatric offices work on quality improvement among their vaccine programs. Elizabeth attended the Immunization Coalition Spring Workshop in Hartford alongside Carissa and Kristie. She also attended the Annual Griffin Hospital Baby Fair where she talked to families about vaccine schedules and handed out education/information.

Tuberculosis

Kristie is providing Directly Observed Therapy (DOT) for two TB patients.

CT DPH Cardiovascular Learning Collaborative

NVHD is one of 8 accepted local health departments/districts into the 3rd Cohort of the CT DPH Cardiovascular Learning Collaborative. Kristie and I have been meeting with the consultant to review screening tools, and we chose one to use during vaccine appointments, flu clinics and blood pressure events. We will start to track the data and submit referrals within Unite Us when necessary.

Community Outreach Events

Elizabeth Shelton School Color Run

Vanessa and Emilija hosted a table at Elizabeth Shelton Elementary School’s first annual color run. They talked to families about NVHD programs and handed out giveaways and educational materials. The family-friendly event brought together students in grades K–4, families, and staff for a fun and engaging community activity. The event was highly successful and raised nearly \$20,000 in support of the school’s Parent Teacher Organization (PTO).

Irving School Safe Kids Event

Kristie and I attended the Griffin Safe Kids event at Irving School in Derby which had various games to promote summer safety. We had a table with information about tick safety, and the CT Agricultural Experiment Station lent us a bunch of ticks (secured in little bottles) to show the kids. The ticks were a huge hit!





ENVIRONMENTAL HEALTH SERVICES
Melanie Dokla, BS, RS
May 2026

Food Service Establishments

Seasonal permit applications are being reviewed and scheduled for an inspection. Temporary events season is ramping up and will continue until fall. Staff have shared positive feedback regarding the revised temporary event form.

Staff continue to conduct routine inspections, plan views, and site visit inspections for food service establishments that are new or changing ownership.

Glenda Buenaventura, per diem food inspector, continues to assist in conducting food service inspection after hours and on the weekend up to 20 hours a week.

Public Pools

All pool and spa renewal applications were submitted on time. Inspections for the outdoor pools/spas are currently being conducted, and we will continue to follow up on problematic pools throughout the season.

On May 4th, Vanessa attended the Connecticut Environmental Health Association (CEHA) “Preparing for the Pool Season” training, which reviewed public pool operation requirements, inspection considerations, water quality management, and seasonal preparedness for recreational pools.



Body Care

Staff continue to conduct plan views and inspections for body care establishments that are new or changing ownership.

Subsurface Sewage Disposal Systems (SSDS)

Staff continue to conduct SSDS inspections, B-100 visit, soil testing, B-100 plan reviews, new SSDS plan reviews, and issue permits to discharge.

Housing/Nuisance Complaints

Environmental staff continue to investigate housing code violations and complaints.



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Lead Education & Action Program (LEAP)

Staff continue to complete comprehensive lead inspection for elevated blood lead (EBLL) cases. If the residence is a multi-family dwelling the other units are required to be tested if there is a child under the age of six. Risk assessment inspections are also being conducted if an EBLL case relocates within our district.

Lead abatement plans submitted by lead abatement contractors are reviewed and property owners are issued written orders from this office. Once the project has received approval and work is completed, a final inspection is conducted to ensure work was done as specified in the plan.

Community Health and Environmental Health staff meet monthly to provide updates on open cases and to discuss any ongoing issues.

Grant funding for lead projects through Connecticut Children’s Medical Center is still pending/unknown.

Eight of NVHD’s staff, including members from the Environmental Health and Community Health Divisions, completed required annual Lead Inspector / Risk Assessor Enforcement Refresher Training either on April 22nd or May 7th. This training is in accordance with the training course standards established pursuant to CT General Statutes 20-477 and 20-479 as well as the standards adopted pursuant to CGS 20-478. Staff that attended the training include:

Environmental Health Services Division

- Melanie Dokla, Assistant Director
- John Mucha, Chief Sanitarian
- Amy Durand, Registered Sanitarian
- Michael Delossantos, Sanitarian

Community Health Services/Admin Divisions

- Vanessa Lopez, Public Health Specialist
- Lisa Trupp, Health Educator
- Ali Mulvihill, Senior Public Health Specialist
- Elizabeth Mester, IAP Coordinator

Lead Stats – May

Open environmental lead cases (properties)	29
New environmental	3
Active case management (children)	45

Miscellaneous

Kalynn Stewart, an Oxford High School Student, is shadowing the environmental health and community health programs as part of a senior capstone project. She’s observed food service inspections, food service plan reviews, outdoor pool inspections and subsurface sewage disposal system inspections. She also participated in Matter of Balance at Seymour Senior Center. Kalynn will be finishing up her required hours in the first week of June and will be presenting the final project to the senior class.

Vanessa has finished the Environmental Health Training Program (EHTP) sponsored by SCSU.





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Emergency Responses After-Hours

	Date/Time	Location	Description of Event
1.	May 19, 2026	Palma Restaurant, Ansonia	Sewage issue
2.	May 20, 2026	Ansonia	Lead chelation case

Temporary Events

	Date/Time	Location	Number of Vendors
1.	May 7, 2026	Coleman Carnival, Shelton	8
2.	May 29, 2026	Food Trucks on the River, Shelton	31

