



NAUGATUCK VALLEY HEALTH DISTRICT

98 Bank Street, Seymour, CT

HYBRID BOARD OF DIRECTORS MEETING

Tuesday, October 14, 2025

MINUTES

BOARD MEMBERS PRESENT: John Zikaras, Chairman, Tom Clifford, Rosalie Averill, Jean Jones, Rita Pelaggi, Adam Bronko, Justin Rompre, Linda Mascolo, Thomas Carney and Barbara Dlugos

BOARD MEMBERS ABSENT: Marietta Sabetta and Barbara Lombardi

STAFF PRESENT: Jessica Kristy, Director of Health and Carissa Caserta, Assistant Director of Community Health Services

RECORDING SECRETARY: Carissa Caserta

I. Call to Order and Pledge of Allegiance

John Zikaras, Chairman, called the meeting to order at 7:02p.m. The Pledge of Allegiance was recited.

II. Acceptance of Minutes of the Board Meeting on September 9, 2025.

2026-12 ACTION TAKEN: Motion made by Rosalie Averill, accept the Minutes of the Board of Directors meeting on September 9, 2025, seconded by Tom Clifford. All Ayes.

III. Correspondence

None at this time.

IV. Financial Report – Jessica Kristy, Director of Health

Jess discussed the Financial Report for the month of September.

V. Chairman’s Report - John Zikaras, Chairman

None at this time.

VI. Director’s Public Health Report – Jess Kristy

The September Public Health Report was reviewed and discussed.

VII. Committee Reports

a. Facilities Committee / Budget Committee

- i. A discussion was held regarding securing funding for the renovation of 98 Bank Street.

VIII. Old Business

IX. New Business

a. Acceptance of the DPH Population Estimates 2024

2026-13 **ACTION TAKEN:** Motion made by Rosalie Averill to approve the Board of Directors Meeting schedule for Fiscal Year 2025-2026. Seconded by Adam Bronko. All Ayes.

b. Acceptance of FY2025-2026 Quarter 1 Statistics Report

2026-14 **ACTION TAKEN:** Motion made by Rosalie Averill to table the Quarter 1 Statistics Report to the November meeting, seconded by Adam Bronko. All Ayes.

X. Executive Session: Director of Health Evaluation

2026-15 **ACTION TAKEN:** Motion to adjourn made by Tom Clifford to move to Executive Session at 7:53p.m., with the Board of Directors present, seconded by Adam Bronko. All Ayes.

Director Jess Kristy was invited into Executive Session at 8:22p.m.

2026-16 **ACTION TAKEN:** Motion to adjourn made by Tom Clifford to exit Executive Session at 8:41p.m., seconded by Adam Bronko. All Ayes.

2026-17 **ACTION TAKEN:** Motion made by Tom Clifford to adopt the evaluation of the Director of Health, seconded by Linda Mascolo. All Ayes.

XI. Adjournment

2026-18 **ACTION TAKEN:** Motion to adjourn made by Tom Clifford at 8:43p.m., seconded by Justin Rompre. All Ayes.

Minutes respectfully prepared by Carissa Caserta and submitted by Jessica Kristy, Director of Health.
Subject to revisions at the next full Board of Director Meeting.

