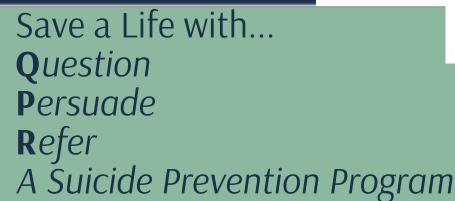


Naugatuck Valley Health District



Virtual Community Training Session,
Thursday August 14th, 2025, 6:00pm

Become a certified QPR
Gatekeeper

As a QPR Gatekeeper you will learn to:

QPR is a nationally recognized, evidence-based suicide prevention program QPR is like CPR for mental health emergencies, providing hope and assistance until help is available.

- Recognize the warning signs of suicide.
- Know how to offer hope.
- Know how to get help and save a life.

*Those who complete the training will receive a one-year QPR Gatekeeper certification

<u>Click Here To Register</u>

Or Enter This Link Into Your Browser

bit.ly/45ZnIVA