



Public Health
Prevent. Promote. Protect.

**Naugatuck Valley
Health District**

Naugatuck Valley Health District



Save a Life with... **Question Persuade Refer** *A Suicide Prevention Program*

Become a certified QPR
Gatekeeper

QPR is a nationally
recognized, evidence-
based suicide
prevention program
QPR is like CPR for
mental health
emergencies,
providing hope and
assistance until help
is available.

Virtual Community Training Session,
Thursday August 14th, 2025, 6:00pm

As a QPR Gatekeeper you will learn
to:

- Recognize the warning signs of suicide.
- Know how to offer hope.
- Know how to get help and save a life.

**Those who complete the training will receive a one-year
QPR Gatekeeper certification*

[Click Here To Register](#)

Or Enter This Link Into Your Browser

bit.ly/45ZnIVA